ESSEX WAY STAGE 4 - LITTLE LEIGHS TO CRESSING (10.1 miles)

START - St JOHN'S CHURCH (Map Ref: TL 719167) CM3 1PQ ///sinkhole.magma.collide

On the day:- Please park in "The Paddock" follow the signs. Plenty of space and only a short walk to the start Not available in 2022

<u>Key</u>

L = left; R = right; TL = turn left; TR = turn right; X = cross over; CONT = continue; THRU = through; ST = stile; WM = waymark; FPS = footpath (or bridleway) sign; FB = footbridge (normally wood); TK = track; RD = road; KG = kissing gate; GT = gate All distances are approximate Each paragraph covers about 1 mile

- Ahead (church on your L) and take first lane on R CONT 200M to junction and TR on White's Lane. CONT 300M to track, ahead between bollards follow TK for 300M round bends. Through underpass, bear left between bollards, bear R and <u>X RD</u>.
 TR to Essex Way Signpost cross ST and down steps. TR onto field edge CONT 150M with ditch/stream on R and X FB. CONT 150M passing works gate, TL at FPS keeping fence on your L for 100M.
- 2 THRU hedgegap TR, fence and hedge on your R, and CONT 350M almost to field corner. ¼ L to GT, CONT 150M with hedge then fence on L to ST.
 X ST in fence on L, TR on field edge soon bear ½ L, passing power pole to RD. TR on RD for 80M, TL at FPS (before ford) up steps and thru gate.
 TR with hedge on your R (ignore gap in hedge to R) CONT for 150M. CONT THRU hedge gap to GT, CONT 200M across field, X FB and ST. CONT 450M across field (may be boggy!!) with hedge on your L & X ST to RD.
- 3 X RD, bearing R to green metal barrier TL on track with hedge on L for 50M. At end of hedge CONT uphill in same direction on TK for 450M to ditch corner. CONT ahead, with ditch then hedge on L, for 120M to field corner. TL for 100M, TR for 150M and pass L of house to RD. TR on RD, at junction keep R CONT 250M. At FPS TR (just after Rose Cottage). CONT with hedge on R for 100M, TR over earthbridge. TL and follow hedge on L for 300M (ignore gap on L at WM) 20M after field corner TL at FPS (TAKE CARE IT IS EASILY MISSED) cont. on LHFE to FB.
- 4 X FB and CONT straight ahead 50M THRU gap. CONT 350M uphill with wood on L, at end of wood TL (wood still on L). After 200M CONT straight ahead THRU hedge gap (ignore TKs turning L and R). CONT 250M to corner of wood and WM. TL for 50M then TR at WM.
 X field on grass TK 250M to gap in hedge cont. SA with wire fence on L 50M past metal gate on L. SA on TK for 250M (becoming metalled) passing Keepers Cottage (BEWARE DOG).

- 5 TL at RD junction (pond on R). After 250M ignore lane on L and CONT 75M. TL at RD junction (Hull Lane). CONT on RD for 250M (ignore "Mill Lane" on L to Windmill).
 TL at RD junction down "Norman Hill" CONT 400M to ford.
 X FB and walkway then CONT 75M uphill.
 At RD junction, X RD diagonally L and TR at FPS onto TK. CONT 200M passing to R of metal gate, to hedge.
 Bear L then R. CONT 250M (with hedge on R) to field corner and WM.
- 6 TL downhill (hedge on R) for 375M to field corner, TR THRU hedge gap.
 TL and after 25M THRU another hedge gap (WM) TR (hedge on R) for 300M. At WM post on R (30M from end of field) TL across field THRU plantation for 75M. At WM X FB into wood, CONT THRU wood on gently meandering TK for 100M. Exit wood and TR for 150M (wood on R) to WM.
 TL and cross field 250M to X FB and CONT across field 75M, pass redundant ST, CONT 75M on enclosed TK, TR and X FB. TL for 75M THRU cemetery to RD.
- 7 TR along RD 200M to junction, TR for 250M passing FPS.
 TL at 2nd FPS (with EW sign) onto metalled TK, follow TK for 500M passing Troys Hall.TK becomes green & enclosed for 600M THRU bends and THRU metal gate.
- 8 CONT 100M, TL on concrete track 500M at concrete area and WM bear L into enclosed path (DO NOT CONT.ALONG CONCRETE TRACK) and CONT 550M to cross Maltings Farm yard to RD. (<u>X ROAD VERY CAREFULLY</u>) TL for 70M, TR at FPS (signed 'Whiteways').CONT 250M to 'Whiteways', bear L at White gate onto grass 50M to WM.
- 9 THRU gap, CONT straight ahead (hedge to L) 350M to X FB.
 TL (with hedge on R) for 250M. X FB and X ST.
 CONT for 200M to X ST, CONT 150M along drive, THRU KG and CONT to RD.
 TR for 30M to FPS (on your L). TL along lane for 300M to Fambridge Hall.
 (TAKE CARE tricky here) Bear L to pass in front of house, barn to R. At WM bear L onto grass TK, passing fence & barn, CONT for 200M At TK junction (WM on R) TR THRU hedge gap onto field edge for 100M CONTahead under railway bridge.
- **10** Bear **R** and CONT along TK for 150M.

CONT with hedge on **R** for 250 M and with hedge on **L** for 500M to Newbarns Farm. At WM **TL** THRU hedge and **TR** to RD, **X** with care <u>(TAKE CARE –VERY FAST/ DANGEROUS ROAD).TL</u> along pavement, after 200m **TR** at **WM** into enclosed path for 25M (FPS) CONT with hedge on **R** for 50m then hedge on **L** for 50m CONT across field for 400M to finish at RD by Cressing Church.

(Map Ref: TL 79520) CM77 8PQ ///deflated.jingles.levels